

Belfast Trust Cancer Support Service Macmillan Support & Information Centres



The Belfast Trust Cancer Support Services based in the Macmillan Support and Information Centres are delivered in partnership with national and local cancer charities

- Advice Space
- Cancer Focus Northern Ireland
- Friends of the Cancer Centre
- Look Good Feel Better
- Macmillan Cancer Support

**advice
space**
support & guidance

**Cancer
Focus**
NORTHERN IRELAND

Friends
of the
cancer centre


look good feel better
HELPING WOMEN WITH CANCER

**MACMILLAN
CANCER SUPPORT**

Macmillan Support and Information Centres

The Belfast Trust has two centres:

- Main Corridor, Royal Victoria Hospital
- 77-81 Lisburn Road, Belfast



Both centres are accredited with the Macmillan Quality Environment Mark for 'Excellence in Cancer Care' facilities.

Key Areas:

- Information
- Benefits Advice
- Emotional Support
- Practical Advice
- Healthy Lifestyle
- Guidance in relation to Work/Finance
- Managing side effects like fatigue
- Carer/Family support
- Referral and Signposting to local services



How we are delivering the services during COVID 19 Pandemic

Wash your hands regularly 

Keep your distance 

Wear a face covering 

Download the app StopCOVID NI 



To ensure we meet Trust and the government safety guidelines

We have:

- Temporarily closed RVH centre and staff working from BCH site
- Put in place appointments only system, no drop in
- Put in place pre-appointment screening measures
- Placed a screen around the reception desk
- Arranged the furniture to ensure 2m distancing
- Put a limit on the number of people coming into the centre
- Delivery of support through social media



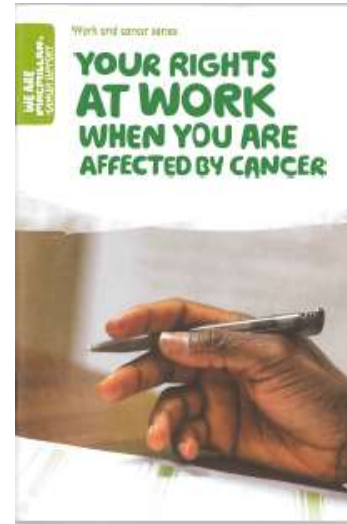
We are:

- Asking everyone unless exempt to wear a mask and sanitise their hands when coming into the centre
- Asking you to come to your appointment alone if you can. If you need someone to come with you, please tell us before your appointment
- Asking you to arrive as close to your appointment time as possible
- Increasing cleaning throughout the Centre
- Sanitising rooms before and after appointments
- Reducing appointment slots to 30 minutes so that the rooms can be sanitised between appointments
- Delivering class programme online via Facebook

Centre Services

Services by appointment

- Information and Support
- Counselling (online and telephone only)
- Benefits Advice (online and telephone only)
- Work Support Conversation
- Complementary therapy (first appointment by phone)
- Wig fitting (healthcare professional only)



Group Programme - online



Belfast Trust Cancer Support



BelfastTrustCancerSupport

FACEBOOK LIVE CLASSES

WEEK COMMENCING: MONDAY 5 OCTOBER 2020

MON	TUES	WED	THURS
9.30 am Pilates with Fionnuala	9.30 am Tai Chi With William	9.30 am Yoga With Mary	9.30 am Pilates With Paul

These Classes are funded by **Friends of the cancer centre**



Working together



Excellence



Openness & Honesty



Compassion

Other on line resources

Look Good Feel Better

- Online Workshops
- Online tutorials for people who would like some extra advice
- Manual for Men
- www.lookgoodfeelbetter.co.uk



Living with or after a cancer diagnosis?
Do you want to enhance your resilience,
rediscover strengths and increase your
ability to cope?



Join our online self-management programme called iHOPE. The programme focuses on topics including:

Smarter goal setting, priorities and values, managing stress, coping with fatigue, living positively with fears for the future, finding things to be thankful for, character strengths, eating well, physical activity

Start dates: 21st September and 19th October

The course lasts 6 weeks. We ask that you commit a minimum of 2 hours per week, at a time to suit you, and have access to the internet via smartphone, tablet or PC.

Please click on [this link](#) to register your interest



https://coventryhls.eu.qualtrics.com/jfe/form/SV_bIXGI1ADihkwTAN



Support and Information Northern Ireland

Belfast H&SC Trust



Margaret McManus
Information Services Manager
Macmillan Support & Information Centre
Belfast City Hospital
77-81 Lisburn Road
BELFAST BT9 7AB
Tel: 02890638980
Email:
margaretm.mcmanus@belfasttrust.hscni.net

Karen Kelly
Assistant Service Manager for
Cancer Health and Wellbeing
Macmillan Support & Information Centre
Belfast City Hospital
77-81 Lisburn Road
BELFAST BT9 7AB
Tel: 02890638980
Email: Karen.kelly@belfasttrust.hscni.net

Belfast H & SC

Karen Dunn

Macmillan Health and Wellbeing Coordinator

Macmillan Support & Information Centre

Level 2 – Royal Victoria Hospital

Grosvenor Road

Belfast. BT12 6AB

Tel: 0289030022

Email: karen.dunn@belfasttrust.hscni.net



South Eastern H&SC Trust

Nar Munna

Macmillan Health and Well Being Co-ordinator

Macmillan Information Centre

Ulster Hospital

Dundonald

BT16 1RH

Tel: 028 90 553246 ext. 6839

email:

Macmillan.InformationandSupport@setrust.hscni.net

Northern H&SC Trust

Amy Wilson

Macmillan Information and Support Manager

Northern Trust

028 9442 4000 ext 333079

Email:amy.wilson@northerntrust.hscni.net



Southern H&SC Trust

Sharon Clarke

Macmillan Cancer Information Health and
Wellbeing Coordinator

Craigavon Area Hospital

Tel: 028 37561001

Email:

sharon.clarke@southerntrust.hscni.net



Western H&SC Trust

- Tara Boyle
- Macmillan Health and Well Being Campus Manager
- Macmillan Support Centre,
- Altnagelvin Hospital,
- Glenshane Road, Derry. BT47 6SB
- Telephone direct: 028 7161 1272
- or via 028 7134 5171 Ext: 216296

Martha Magee

Macmillan Information & Support Manager
Cancer Services

Altnagelvin Hospital
BT47 6SB

Telephone number: 028 71611139

Email: martha.magee@westerntrust.hscni.net

Useful Numbers

- Macmillan Support & Information Centre Services:
 - ❖ Information & Support: 02890638980
 - ❖ Benefits Advice: 0300 1233 233
 - ❖ Wig Fitting Service: 028 95922070
- Macmillan Helpline: 0808 808 00 00
- Cancer Research UK: 0808 800 4040



Local Useful Websites

[Belfast Trust Website](https://belfasttrust.hscni.net/services/cancer/)

<https://belfasttrust.hscni.net/services/cancer/>



Cancer Survivorship Website for Northern Ireland

Living with and beyond cancer

www.survivorship.cancerni.net



CARING COPING : AN ONLINE RESOURCE TO SUPPORT CANCER CAREGIVERS

Cancer
Caring
Coping



www.cancercaringcoping.com

National Useful Websites

- Macmillan Cancer Support
 - macmillan.org.uk

- Cancer Research UK
 - cancerresearchuk.org/

